**Curing Unthankfulitis**

***“And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.” Col 3:17***

***1 Thessalonians 5:16-18***

**Symptoms of Unthankfulitis**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ become our native language.**

***Philippians 2:14-15***

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ is commonplace.**

**Tend to be a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

***John 10:10, Ecclesiastes 2:24-25***

**Tend to ignore our \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

***Romans 12:1***

**It’s all about \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.**

**Take Aways**

1. **It’s not about you.**
2. **Cultivate a Heart of Worship**
3. **Practice Thankfulness**

**LifeGroup Questions**

1. Spend some time sharing about your past week.
2. What is something new you have learned this week?
3. Spend some time around the group sharing some things you are thankful for.
4. When you think about the symptoms of Unthankfulitis which symptoms are most likely to be present in your life? Why do you think that?
5. Read Philippians 4.

a) What stands out to you in this passage?

b) What do you find the most challenging? Why?

c) What encourages you in this passage? Why?

d) What can we learn from Paul about thankfulness and rejoicing from this passage?

1. Why is what we think about so important when it comes to being joyful and thankful?
2. How does stinkin thinkin (the opposite of vs 8) lead us toward unthankfulitis?
3. What does it look like to practice thankfulness? What are some practical ways you can do that this week?
4. Spend some time praying for each other as you wrap up.