**Consumed – Distracted**

**Q & A – Text 519-893-2951 or email shayne@pathwaycc.ca**

**“It is difficult to serve God with our heart, soul, mind and strength when we are diverted and distracted and multitasking everything.” Douglas Groothuis**

***Luke 10:38-42***

***Matthew 13:1-23***

**Why are we so \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?**

**We are so easily distracted…**

**because of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.**

**because we want to \_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.**

**The Dangers of Distraction**

**We often \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ our \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ with others.**

**We often \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.**

**We often \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.**

**Take Aways:**

**1. How can we \_\_\_\_\_\_\_\_\_\_\_\_\_ with our \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_?**

**“SM addicts have ability to control their behaviour, but they don’t have the motivation to control this behaviour because they don’t see the consequences to be that severe.” Ofir Turel**

**We have to \_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_ deal with distraction.**

**Dealing with Distraction requires an \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_.**

**What can you do to eliminate some distraction this week?**

**LifeGroup Questions**

1. Spend some time sharing about your past couple weeks.
2. What was new to you or stood out to you or surprised you about this weeks’ scriptures or sermon?
3. Read Galatians 5
4. What resonates with you most in these passages? Why?
5. Is there anything you find confusing or challenging?
6. How do these passages tie into what we talked about this week?
7. Paul says that we should walk by the Spirit. What do you think he means by this? How do we practically do that?
8. Paul says not to use our freedom to indulge in the flesh. What do you think he means by this? How might this apply to technology?
9. Paul here talks about the fruit of the spirit. In our passage from Sunday Jesus talked about good soil. How do we cultivate good soil in our lives so the fruit of the spirit can flourish?
10. What is one way you are trying to eliminate distraction this week?
11. Spend some time praying together as you wrap up.